

Chestnut Run Pool Association

Woodstown, New Jersey

Rules and Regulations

The following rules and regulations are for the benefit and protection of all members and guests. These rules have been established to assure safe and sanitary operation of all pool facilities. Parents are requested to caution their children to observe all rules and obey the instructions of the pool manager, lifeguards, all other employees and officers. Any failure to comply with these rules shall be sufficient cause for immediate suspension of pool privileges for the offending member for a period of from one to seven days and can also be considered sufficient cause for cancellation of membership. Parents shall be notified.

I. GENERAL (rev. 6/7/86)

- A. Admission to the pool will be identification at the pool office located in the entryway to the pool. Guests and/or visitors must be registered at this point. All pool members older than three years of age must have an admission identification card on file at the pool office. Staff personnel will insure that the card is on file prior to admitting members to the pool. Cards will be on file when dues are current. No admission will be permitted unless admission cards are on file at the office.
- B. Children under 13 years of age must leave the pool by 5:00PM unless accompanied by a parent or an adult at least 21 years of age.
- C. The kiddie pool will be unattended by pool association guards. Children in this pool are the direct responsibility of their parents, an adult, or a child 14 years of age or older who has a pool white band.
- D. The pool will be closed to swimming to the general membership during scheduled swim meets.
- E. The pool manager will control the public address system.
- F. The manager may dispose of personal belongings left at the pool for more than one week.
- G. The Association will not be responsible for loss or damage to personal property.

- H. Banded areas are defined as follows:
 - 1. Red- the area extending from the shallow end to the rope.
 - 2. Blue- all areas excluding the diving well.
 - 3. White – the entire pool (with observed height restriction on high dive).
- I. Children without bands are allowed in the pool ***only if accompanied in the water*** by parent or other adult.
- J. Pool hours are as follows:
 - 1. Monday through Friday – 11:30 AM to 9:00PM
 - 2. Saturday – Noon to 9:00 PM
 - 3. Sunday – Noon to 9:00 PM
 - 4. Adult Lap – Sundays, 11:00 AM to Noon
 - 5. Lap Swimming – Using the lane next to the diving well, can be arranged at other times the pool is open if the activity level in the pool permits. The manager or guard will decide.
 - 6. The kiddie pool will be closed during swim meets.
- K. Random lifeguard rescue and accident drills will occur through the season for the safety of the members.

II. Guests and Visitors (rev. 3/2007)

- A. **Guest** – A person who is invited to the pool by a member and uses the pool facilities. This includes those guests who wear bathing suits, whether or not they actually swim in the pool. A guest is limited to six (6) occasions of swimming privileges during any one season. Only special “open to the public” functions do not count toward the limit of six (6) visits per season. This does not include pre-approved houseguests (rev. March 2007).

Visitor – A person who is invited to the pool by a member, but does not use the pool facilities nor wears a bathing suit while on the premises; or a person invited to the pool premises by an Association sponsored event.

B. Responsibility

- 1. It will be the responsibility of the member inviting the guest or visitor to see that he/she is registered at the pool office.

2. It will be the responsibility of the pool member in charge of an Association-sponsored event to properly register the visitors.
3. A single member may bring three (3) guests per visit. A family may bring six (6) guests per visit. If a member desires to bring more guests he/she must complete a use of facilities request and it must be approved. (rev. 6/23/97)
4. For the guest's safety, he/she must apprise the guard on duty of his/her swimming ability. If the guest is 15 years of age or under, he/she must obtain and wear a band while in the main pool.
5. Member's parent must sign in guests of members younger than 10 years of age personally.
6. Members 10 years and older must have a white band in order to sign in a guest without a parent. If arrangements have been made in advance with the pool manager, a pool member may sign in a guest with a note from parent. If this privilege is abused in any way, the pool manager can revoke it.

C. Banding of Guests

1. Red band test is the same as that for members.
2. Blue band test is the same as that for members.
3. White band test is the same as that for members.

D. Rates for Guests (rev. March 2007)

1. Guests - \$5.00 for guests entering from 12 noon until 5:00 PM, and \$2.00 for guests entering from 5:00PM until 9:00PM. The kiddie pool use will be \$2.00 for the entire day. Guest books will be available at \$30.00 for 10 daily passes.
2. Non-local guests – One week/person- \$15.00. One week/family-\$30.00.
3. Groups of local or non-local guests sponsored by three or more active members and approved by the Board of Trustees will be charged \$1.00/ person for an evening affair; \$2.00/person for the day, \$50.00/hour or any part of an hour after closing time. Attendance by a person in a group will not be counted as one of the privileges for the season. An evening affair is considered to start at 6:00PM or later.

Lifeguards must be on duty for all groups and affairs.
Groups consist of a minimum of 15 guests.

4. Any pool member who has relatives from out of town residing in their home for a week or more during the summer may bring those relatives to the pool an unlimited number of times for a cost of \$10.00 per week. Prior arrangements must be made with the pool manager.

III. Disciplinary Action of the Members (5/16/84)

- A. First violation of Rules and Regulations – verbal warning.
- B. Second violation for children – maximum of 30 minutes benching and/or removal of trash from pool grounds.
- C. Third violation – suspension from pool, by the decision of the pool manager and lifeguard, with re-admittance only after a conference with the parent, child, manager, or person so designated, is held.
- D. Continuous violations will be cause for suspension from the pool for the remainder of the season.

IV. Safety (rev. 7/31/2007)

- E. All children 15 years or younger using the pool are to wear the appropriate band.
- F. Explanation of bands:
 1. **Red Band – Beginner.** Child must reach the pool dividing rope without assistance, either by walking and/or swimming then return to the shallow end. Child is not allowed to touch the side of the pool for assistance. **All holders of red bands must be retested each year.**
 2. **Blue Band- Intermediate.** Child must jump in the water over the child's head in the blue band area and swim free style the length of the pool and swim from the side of the pool out to the third line and back. The child must be able to float on his/her back. **All holders of the blue band must be retested each year.**
 3. **White Band – Advanced.** Child must swim four lengths of the pool starting in the deep end, tread water for one (1) minute, retrieve an object from the bottom

of the pool in the diving area, and float on back. **All holders of white bands must be retested twice.**

- G. Those persons who have reached their 10th birthday and who have and wear, while in the main pool, identification of their swimming ability at the White Band level, will be allowed to use the pool without being accompanied by an adult (not applicable after 5:00 PM).
- H. All persons under ten (10) years of age who do not qualify in “C” above will not be permitted within the pool facilities at any time unless accompanied by a parent or responsible adult, or a sitter 14 years of age or older who is white banded.
- I. Use of the kiddie pool shall be only for children without bands.
- J. No floating devices, except pool property when permitted by the manager, will be allowed in the main pool. Small inflatable rubber or plastic toys will be permitted in the kiddie pool. No hard, sharp, or breakable items will be permitted.
- K. At the discretion of the lifeguard, white band swimmers will not be allowed in the red band area.
- L. All members and guests, including children, shall use the pool and facilities at their own risk.
- M. No running, pushing, wrestling, ball playing, or undue disturbances will be permitted within the pool area.
- N. No food or beverages of any kind will be allowed in the pool or on the pool apron.
 - K. No glass containers of any kind will be allowed in the pool, on the pool apron, or on pool grounds.
 - L. No smoking will be allowed in the pool or on the pool apron.
 - N. No articles of clothing may be left on the pool apron.
 - O. Bicycles shall be parked in the prescribed area.
 - P. No running dives are allowed from the pool apron.
- Q. “Hand over head first” and “cannonball” diving from the pool deck edge is permitted only in **6 feet or more of water** (the area closest to the flag pole on the blue band side of the diving well safety rope). **Flips, somersaults, or inward/cut-a-way dives are not permitted from any deck edge**, at any depth.*
- R. Entry at all other deck edge locations should be by ladder or by sitting at pool edge. The only permitted standing entry is a simple feet first **unexaggerated** jump into the water.*

- S. Use of the high dive and diving well area is limited to adults and children with white bands who meet the pool's height requirement, forty-nine (49) inches.
- T. **High diving board rules allow only simple, straight in the water entry "Feet or Butt First Cannonball" dives**, without any flips, somersaults, twists, or inward/cut-a-way motions.*
- U. Outward/front flips or somersaults, along with "hand over head first" diving is allowed on the **low diving board**. **Inward flips or cut-a-way motions are not permitted on the low diving board.***
- V. Diving board use is only permitted when the diving well is roped off just beyond the 2 ladder locations. When diving boards are open, a lifeguard will be on diving board duty.*
- W. During periods of heavy pool use, or limited lifeguard availability, diving board use may be closed temporarily (typically, 30 minutes out of the hour, until a guard can be rotated to diving board duty). When the diving boards are closed, the diving well will be open to white band swimming and diving from the pool deck (the diving well safety rope will be removed at these times).*
- X. No "free" swimming is allowed in the diving area. Dive and swim directly out of the diving area, except at the discretion of the lifeguard.
- Y. Only one (1) person is allowed on the diving board at a time.
- Z. Members shall drive slowly and carefully on driveways and parking areas. Park in prescribed areas only.
- AA. The Board of Trustees may authorize the use and consumption of alcohol by adults for special occasions on specified evenings. On any such occasion, no minors may be permitted on the premises (Amended in By-Laws 10/10/78); without parent (Amended 2/96). Alcohol is not permitted in the kiddie pool area at any time.
- BB. No street clothes of any type may be worn in the pool.
- CC. Bicycles must be walked on all pool property except for the driveway.
- DD. Chestnut Run Pool is not responsible for any member or guest once he/she leaves the fenced-in area.
- EE. The lifeguards and manager have the authority to impose any other rules to insure the safety of the swimmers.

FF. **NO TALKING TO LIFEGUARDS ON DUTY.**

Everyone at the pool has the responsibility to notify lifeguards on duty of any pool deck or in-water emergency or unsafe condition. Once someone notifies a lifeguard of the condition, the lifeguard is in charge and will determine appropriate action. The person is not permitted to engage the lifeguard in any further discussion or dialogue, unless the lifeguard requests further information or action by the person. All other conversations with ON DUTY Lifeguards are prohibited. Members wishing to discuss anything in further detail are to seek out management, office staff, or off-duty lifeguards.*

Recommendation

The CRPA Board of Trustees requests our membership to support the following pool safety measure:

BUDDY SYSTEM – In addition to the current swim band rules, all children under the age of 15 are encouraged to join in two or three person “Swimming Pool Buddy” partnerships immediately upon arriving at the pool.

The basics of the Swimming Buddy System are as follows:

- 1. Buddies know who their buddies are.*
- 2. Buddies look out for the well-being of their fellow buddies.*
- 3. Buddies stay within eyesight and normal voice contact (30 feet or less) at all times.*
- 4. Buddies who lose sight of or forget their buddies must tell the lifeguards right away.*
- 5. Buddies must report emergencies or unsafe conditions to the lifeguards right away. Buddies do not attempt rescue themselves.**

Please see the Pool Manager if you have any questions.

**** Several items in this Safety section are taken from the 1998 Chestnut Run Pool Water Safety Improvement Plan (Revised 7/15/1998) The CRPA Board of Trustees recognizes and thanks the John and Denise Morrison Family, in memory of their son, Matt, for their support with this effort. With their assistance, Mr. Tom Ebro, a nationally recognized expert in water safety and pool operations, conducted a survey of the Chestnut Run pool and worked with the Board on the improvement plan.***

V. Health (rev. 7/31/2007)

- a. Expecting or blowing one's nose in the pool is prohibited.
- b. Admission to the pool may be refused to anyone with an open wound, inflamed eyes, infections, or wearing a bandage.
- c. Wrappers from food should be deposited in the trash containers.
- d. No pets will be allowed in the pool area.
- e. Lifeguards may order children under the age of eighteen (18) years from the pool if they show signs of fatigue.
- f. "Swim diapers" must be worn by every child who is not toilet trained. Please see the pool manager to discuss the appropriate swim wear for infants and toddlers.

VI. Additional Rules

- a. Any member, guest, or visitor shall use no abusive language.
- b. Property damage costs will be charged to the responsible member. Parents are financially responsible for damage by their children.
- c. Drugs are not permitted and will be reported to parents and/or the authorities.
- d. Swim breaks have been established as a rest period for children. Therefore, during swim breaks, only adults eighteen (18) years of age and older and unbanded children with their parents may be in the pool.

The above may be revised or added to at any time by the Rules Committee. Enforcement of these rules will be by the manager and the lifeguards and will have the complete backing of the Association officials.

May 1996; May 1999; May 200; August 2000; March 2007; July 2007

In this document the term "pool" refers to the actual swimming pool; "pool apron" is the concrete around the swimming pools; and "pool grounds" means the entire area within the fences and gates of the CRPA.